

**PIEDMONT FAMILY YMCA/CYAC
2009 - 2010**

Individual Meet Results

2010 BASS Winter Warm Up 30-Jan-10 to 31-Jan-10 Yards

Sanction: VS-10-43 Location: Woodberry Forest Pool

PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
Ashby, Nick (9) M					
1:31.38Y B	F # 62B	Men 9-10 100 IM	6	---	-2.92
1:25.55Y B	F # 66B	Men 9-10 100 Free	9	---	4.31
44.19Y B	F # 70	Men 9-10 50 Fly	4	---	0.93
Ashby, Zach (7) M					
47.67Y B	F # 54B	Men 7-8 50 Back	3	---	0.31
40.72Y	F # 64B	Men 7-8 50 Free	2	---	0.17
24.03Y	F # 68B	Men 7-8 25 Fly	3	---	1.37
Burnsed, Adaire M (6) W					
NS	F # 1A	Women 6 & Under 50 Breast	---	---	---
NS	F # 5A	Women 6 & Under 25 Back	---	---	---
30.90Y	F # 57A	Women 6 & Under 25 Breast	1	---	0.86
2:14.73Y	F # 61A	Women 8 & Under 100 IM	6	---	---
31.28Y	F # 67A	Women 6 & Under 25 Fly	2	---	2.01
Burnsed, Ava M (10) W					
NS	F # 3B	Women 9-10 100 Breast	---	---	---
54.81Y	F # 59	Women 9-10 50 Breast	14	---	1.85
1:46.64Y	F # 61B	Women 9-10 100 IM	20	---	-5.05
1:30.30Y B	F # 65B	Women 9-10 100 Free	10	---	2.44
Cannell, Katie (11) W					
35.88Y B	F # 79	Women 11-12 50 Fly	8	---	-0.98
1:08.20Y BB	F # 83	Women 11-12 100 Free	8	---	-2.13
36.92Y B	F # 91	Women 11-12 50 Back	9	---	-0.59
36.01Y BB	F # 95	200 Medley Relay Lead Off	---	---	-1.50
Crowell, Ri (14) W					
1:04.79Y BB	F # 85A	Women 13-14 100 Free	14	---	-1.57
2:46.65Y B	F # 89A	Women 13-14 200 IM	12	---	-1.57
2:42.99Y B	F # 93B	Women 13-14 200 Back	7	---	-2.37
Crowell, Sam (11) M					
37.41Y B	F # 80	Men 11-12 50 Fly	9	---	0.08
1:19.34Y B	F # 88	Men 11-12 100 IM	7	---	1.54
2:42.35Y BB	F # 94A	Men 11-12 200 Back	6	---	---
DeGuzman, Zoe B (6) W					
1:00.14Y	F # 53A	Women 6 & Under 50 Back	3	---	-7.08
1:00.16Y	F # 63A	Women 6 & Under 50 Free	2	---	---
34.47Y	F # 67A	Women 6 & Under 25 Fly	3	---	---
Densmore, Thomas E (12) M					
1:08.73Y B	F # 84	Men 11-12 100 Free	6	---	-0.96
1:18.31Y B	F # 88	Men 11-12 100 IM	6	---	-1.50
2:36.83Y BB	F # 94A	Men 11-12 200 Back	3	---	---
33.86Y BB	F # 96	200 Medley Relay Lead Off	---	---	-0.45
Eagleson, Ashley M (11) W					
35.52Y B	F # 79	Women 11-12 50 Fly	5	---	0.26

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Time	F/P/S	Event	Place	Points	Improv
1:07.61Y	BB F # 83	Women 11-12 100 Free	6	---	-0.86
1:22.59Y	B F # 87	Women 11-12 100 IM	14	---	-0.35
Edmonds, Holland (10) W					
NS	F # 7	Women 9-10 50 Back	---	---	---
NS	F # 9B	Women 9-10 200 Free	---	---	---
1:39.57Y	B F # 61B	Women 9-10 100 IM	16	---	-13.09
1:30.36Y	B F # 65B	Women 9-10 100 Free	11	---	-2.43
43.44Y	B F # 69	Women 9-10 50 Fly	9	---	0.34
Ewing, David T (9) M					
1:54.66Y	B F # 4B	Men 9-10 100 Breast	4	---	---
47.53Y	B F # 8	Men 9-10 50 Back	6	---	-2.47
52.18Y	F # 18	Men 9-10 50 Free	7	---	4.57
Ewing, Joel X (11) M					
1:41.86Y	F # 26	Men 11-12 100 Back	6	---	-13.27
54.33Y	F # 38	Men 11-12 50 Breast	4	---	2.08
3:22.41Y	F # 46	Men 11-12 200 Free	7	---	---
Ewing, Stephen J (7) M					
1:04.00Y	F # 2B	Men 7-8 50 Breast	7	---	---
21.52Y	F # 6B	Men 7-8 25 Back	1	---	-0.92
21.30Y	F # 16B	Men 7-8 25 Free	6	---	-0.29
Farabaugh, Colleen M (9) W					
1:38.58Y	BB F # 3B	Women 9-10 100 Breast	9	---	-1.12
42.48Y	BB F # 7	Women 9-10 50 Back	8	---	-0.40
33.73Y	BB F # 17	Women 9-10 50 Free	2	---	-0.96
1:31.97Y	BB F # 55B	Women 9-10 100 Back	11	---	-5.11
1:26.34Y	BB F # 61B	Women 9-10 100 IM	7	---	-4.85
37.14Y	A F # 69	Women 9-10 50 Fly	4	---	-2.76
Farabaugh, Emily C (11) W					
3:03.06Y	B F # 29	Women 11-12 200 IM	10	---	-11.94
34.52Y	F # 33	Women 11-12 50 Free	9	---	-0.03
3:19.13Y	B F # 39A	Women 11-12 200 Breast	5	---	---
1:33.71Y	B F # 75	Women 11-12 100 Breast	14	---	-0.69
39.19Y	F # 79	Women 11-12 50 Fly	11	---	-0.63
1:28.10Y	F # 87	Women 11-12 100 IM	20	---	0.95
Farabaugh, Kristen N (6) W					
1:11.78Y	F # 1A	Women 6 & Under 50 Breast	1	---	---
28.82Y	F # 5A	Women 6 & Under 25 Back	2	---	0.07
28.70Y	F # 15A	Women 6 & Under 25 Free	2	---	0.92
34.25Y	F # 57A	Women 6 & Under 25 Breast	2	---	-1.71
1:06.35Y	F # 63A	Women 6 & Under 50 Free	4	---	3.25
35.17Y	F # 67A	Women 6 & Under 25 Fly	4	---	1.02
Farabaugh, Megan N (13) W					
29.51Y	BB F # 35A	Women 13-14 50 Free	3	---	-1.16

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Time	F/P/S	Event	Place	Points	Improv
2:54.88Y	BB F # 39B	Women 13-14 200 Breast	1	---	-0.31
2:30.47Y	B F # 47A	Women 13-14 200 Free	5	---	1.13
1:20.53Y	BB F # 77A	Women 13-14 100 Breast	7	---	-1.21
1:06.33Y	BB F # 85A	Women 13-14 100 Free	18	---	-0.95
2:43.84Y	B F # 89A	Women 13-14 200 IM	9	---	1.87
Fountain, Nell A (10) W					
NS	F # 7	Women 9-10 50 Back	---	---	---
NS	F # 9B	Women 9-10 200 Free	---	---	---
NS	F # 17	Women 9-10 50 Free	---	---	---
NS	F # 55B	Women 9-10 100 Back	---	---	---
NS	F # 61B	Women 9-10 100 IM	---	---	---
NS	F # 69	Women 9-10 50 Fly	---	---	---
Greene, Davis M (10) M					
NS	F # 4B	Men 9-10 100 Breast	---	---	---
52.60Y	B F # 60	Men 9-10 50 Breast	4	---	2.12
1:24.71Y	B F # 66B	Men 9-10 100 Free	7	---	1.25
39.99Y	BB F # 70	Men 9-10 50 Fly	1	---	0.74
Greenhoe, Zachary B (10) M					
36.03Y	AA F # 8	Men 9-10 50 Back	1	---	-0.81
2:42.56Y	BB F # 10B	Men 9-10 200 Free	1	---	1.35
34.16Y	BB F # 18	Men 9-10 50 Free	1	---	0.62
34.23Y	BB F # 22	200 Free Relay Lead Off	---	---	0.69
1:19.33Y	A F # 56B	Men 9-10 100 Back	1	---	-1.82
1:23.37Y	BB F # 62B	Men 9-10 100 IM	1	---	-0.47
1:12.86Y	BB F # 66B	Men 9-10 100 Free	2	---	-1.60
36.59Y	A F # 74	200 Medley Relay Lead Off	---	---	-0.25
Haise, Madison E (12) W					
2:34.45Y	A F # 81A	Women 11-12 200 Fly	3	---	---
1:12.82Y	A F # 87	Women 11-12 100 IM	2	---	0.25
34.87Y	BB F # 91	Women 11-12 50 Back	5	---	-0.07
Hardt, Matthew W (7) M					
NS	F # 2B	Men 7-8 50 Breast	---	---	---
NS	F # 6B	Men 7-8 25 Back	---	---	---
NS	F # 16B	Men 7-8 25 Free	---	---	---
Heilman, Jason D (9) M					
1:27.22Y	BB F # 56B	Men 9-10 100 Back	3	---	-9.52
1:26.83Y	BB F # 62B	Men 9-10 100 IM	3	---	2.64
40.13Y	BB F # 70	Men 9-10 50 Fly	2	---	1.08
Heilman, Matthew J (5) M					
53.57Y	F # 54A	Men 6 & Under 50 Back	1	---	-4.60
49.42Y	F # 64A	Men 6 & Under 50 Free	1	---	-1.53
28.08Y	F # 68A	Men 6 & Under 25 Fly	1	---	1.58

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Time	F/P/S	Event	Place	Points	Improv
Holstege, Ben (13) M					
1:17.16Y	BB F # 78A	Men 13-14 100 Breast	7	---	3.35
1:02.79Y	B F # 86A	Men 13-14 100 Free	8	---	1.93
2:35.44Y	B F # 90A	Men 13-14 200 IM	9	---	7.15
Holstege, Eli (15) M					
1:04.37Y	AA F # 78B	Men 15 & Over 100 Breast	1	---	1.76
54.16Y	A F # 86B	Men 15 & Over 100 Free	2	---	0.81
2:17.10Y	BB F # 90B	Men 15 & Over 200 IM	4	---	7.32
Holstege, Noah D (9) M					
NS	F # 4B	Men 9-10 100 Breast	---	---	---
NS	F # 18	Men 9-10 50 Free	---	---	---
Holstege, Sam (11) M					
36.82Y	B F # 80	Men 11-12 50 Fly	7	---	0.67
1:09.02Y	B F # 84	Men 11-12 100 Free	7	---	0.95
37.13Y	B F # 92	Men 11-12 50 Back	3	---	-0.11
Holzwarth, Andrew W (7) M					
57.21Y	F # 2B	Men 7-8 50 Breast	3	---	-3.05
22.91Y	F # 6B	Men 7-8 25 Back	3	---	0.17
20.53Y	F # 16B	Men 7-8 25 Free	4	---	0.99
26.11Y	F # 58B	Men 7-8 25 Breast	1	---	-0.03
1:56.96Y	F # 62A	Men 8 & Under 100 IM	2	---	7.54
45.18Y	F # 64B	Men 7-8 50 Free	4	---	-1.53
Holzwarth, Michael A (6) M					
33.75Y	F # 6A	Men 6 & Under 25 Back	4	---	1.46
24.20Y	F # 16A	Men 6 & Under 25 Free	2	---	0.61
DQ	F # 58A	Men 6 & Under 25 Breast	---	---	---
57.75Y	F # 64A	Men 6 & Under 50 Free	3	---	-4.49
DQ	F # 68A	Men 6 & Under 25 Fly	---	---	---
House, Elizabeth J (9) W					
NS	F # 3B	Women 9-10 100 Breast	---	---	---
NS	F # 9B	Women 9-10 200 Free	---	---	---
NS	F # 19B	Women 9-10 200 IM	---	---	---
NS	F # 55B	Women 9-10 100 Back	---	---	---
NS	F # 61B	Women 9-10 100 IM	---	---	---
NS	F # 69	Women 9-10 50 Fly	---	---	---
House, Tom (6) M					
NS	F # 2A	Men 6 & Under 50 Breast	---	---	---
NS	F # 6A	Men 6 & Under 25 Back	---	---	---
NS	F # 16A	Men 6 & Under 25 Free	---	---	---
NS	F # 58A	Men 6 & Under 25 Breast	---	---	---
NS	F # 62A	Men 8 & Under 100 IM	---	---	---
NS	F # 68A	Men 6 & Under 25 Fly	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
Hynes, Brian R (11) M					
2:26.52Y AA	F # 82A	Men 11-12 200 Fly	1	---	-7.34
1:10.08Y A	F # 88	Men 11-12 100 IM	2	---	1.28
2:31.29Y A	F # 94A	Men 11-12 200 Back	2	---	---
Hynes, Kate (7) W					
NS	F # 57B	Women 7-8 25 Breast	---	---	---
NS	F # 61A	Women 8 & Under 100 IM	---	---	---
NS	F # 67B	Women 7-8 25 Fly	---	---	---
Lawson, Emma C (8) W					
NS	F # 57B	Women 7-8 25 Breast	---	---	---
NS	F # 61A	Women 8 & Under 100 IM	---	---	---
NS	F # 67B	Women 7-8 25 Fly	---	---	---
Lawson, Mack (10) W					
NS	F # 55B	Women 9-10 100 Back	---	---	---
NS	F # 59	Women 9-10 50 Breast	---	---	---
NS	F # 65B	Women 9-10 100 Free	---	---	---
Leiner, Katie (14) W					
1:04.47Y BB	F # 85A	Women 13-14 100 Free	12	---	-1.01
2:39.67Y BB	F # 89A	Women 13-14 200 IM	8	---	-9.13
2:34.86Y BB	F # 93B	Women 13-14 200 Back	3	---	---
34.15Y	F # 97	200 Medley Relay Lead Off	---	---	---
Lescault, Sarah E (10) W					
NS	F # 9B	Women 9-10 200 Free	---	---	---
NS	F # 17	Women 9-10 50 Free	---	---	---
NS	F # 59	Women 9-10 50 Breast	---	---	---
NS	F # 65B	Women 9-10 100 Free	---	---	---
NS	F # 69	Women 9-10 50 Fly	---	---	---
Mandell, Zach (14) M					
DQ	F # 78A	Men 13-14 100 Breast	---	---	---
1:03.76Y B	F # 86A	Men 13-14 100 Free	9	---	-3.25
2:49.92Y	F # 90A	Men 13-14 200 IM	13	---	0.42
McGhee, Ryan C (17) M					
1:08.78Y BB	F # 78B	Men 15 & Over 100 Breast	4	---	-0.96
2:13.29Y BB	F # 90B	Men 15 & Over 200 IM	2	---	5.50
2:07.43Y A	F # 94C	Men 15 & Over 200 Back	1	---	1.57
Mincer, Amanda J (9) W					
NS	F # 3B	Women 9-10 100 Breast	---	---	---
NS	F # 7	Women 9-10 50 Back	---	---	---
Richey, Meg (9) W					
NS	F # 3B	Women 9-10 100 Breast	---	---	---
NS	F # 7	Women 9-10 50 Back	---	---	---
Saunders, Harry (10) M					
NS	F # 18	Men 9-10 50 Free	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
NS	F # 20B	Men 9-10 200 IM	---	---	---
Sifri, Gaby (7) W					
NS	F # 1B	Women 7-8 50 Breast	---	---	---
NS	F # 5B	Women 7-8 25 Back	---	---	---
NS	F # 15B	Women 7-8 25 Free	---	---	---
NS	F # 57B	Women 7-8 25 Breast	---	---	---
NS	F # 63B	Women 7-8 50 Free	---	---	---
NS	F # 67B	Women 7-8 25 Fly	---	---	---
Sifri, Nick (9) M					
NS	F # 4B	Men 9-10 100 Breast	---	---	---
NS	F # 18	Men 9-10 50 Free	---	---	---
NS	F # 60	Men 9-10 50 Breast	---	---	---
NS	F # 62B	Men 9-10 100 IM	---	---	---
NS	F # 66B	Men 9-10 100 Free	---	---	---
Strickland, Elsa C (14) W					
1:13.87Y AA	F # 77A	Women 13-14 100 Breast	1	---	0.14
58.08Y AA	F # 85A	Women 13-14 100 Free	1	---	0.35
2:23.10Y AA	F # 89A	Women 13-14 200 IM	1	---	1.92
Tan, Alex (9) M					
NS	F # 20B	Men 9-10 200 IM	---	---	---
Thrift, Fifi (10) W					
1:36.83Y BB	F # 3B	Women 9-10 100 Breast	8	---	-2.33
33.87Y BB	F # 17	Women 9-10 50 Free	4	---	-0.08
3:07.23Y BB	F # 19B	Women 9-10 200 IM	3	---	-1.25
Veale, Ben (12) M					
33.42Y BB	F # 80	Men 11-12 50 Fly	5	---	-0.79
1:06.18Y BB	F # 84	Men 11-12 100 Free	5	---	-0.30
2:37.30Y BB	F # 94A	Men 11-12 200 Back	4	---	---
Wild, Abby (14) W					
1:18.04Y BB	F # 77A	Women 13-14 100 Breast	3	---	3.49
1:04.13Y BB	F # 85A	Women 13-14 100 Free	11	---	-0.19
2:34.30Y BB	F # 89A	Women 13-14 200 IM	5	---	-1.76
Wild, Jake (10) M					
NS	F # 4B	Men 9-10 100 Breast	---	---	---
NS	F # 60	Men 9-10 50 Breast	---	---	---
NS	F # 66B	Men 9-10 100 Free	---	---	---
NS	F # 70	Men 9-10 50 Fly	---	---	---
Wild, Rosemary G (7) W					
NS	F # 1B	Women 7-8 50 Breast	---	---	---
NS	F # 5B	Women 7-8 25 Back	---	---	---
NS	F # 15B	Women 7-8 25 Free	---	---	---
NS	F # 57B	Women 7-8 25 Breast	---	---	---
NS	F # 61A	Women 8 & Under 100 IM	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
NS	F # 67B	Women 7-8 25 Fly	---	---	---
Wilson Jr., Jake (7) M					
NS	F # 2B	Men 7-8 50 Breast	---	---	---
NS	F # 6B	Men 7-8 25 Back	---	---	---
NS	F # 16B	Men 7-8 25 Free	---	---	---
52.39Y	F # 54B	Men 7-8 50 Back	6	---	-4.13
47.10Y	F # 64B	Men 7-8 50 Free	6	---	-0.43
DQ	F # 68B	Men 7-8 25 Fly	---	---	---
51.50Y	F # 72	100 Medley Relay Lead Off	---	---	27.62
Young, Erin L (8) W					
NS	F # 1B	Women 7-8 50 Breast	---	---	---
NS	F # 5B	Women 7-8 25 Back	---	---	---
NS	F # 15B	Women 7-8 25 Free	---	---	---
27.94Y	F # 57B	Women 7-8 25 Breast	2	---	1.88
DQ	F # 61A	Women 8 & Under 100 IM	---	---	---
21.09Y	F # 67B	Women 7-8 25 Fly	3	---	-2.35
Young, Leigh K (6) W					
NS	F # 1A	Women 6 & Under 50 Breast	---	---	---
NS	F # 5A	Women 6 & Under 25 Back	---	---	---
59.82Y	F # 53A	Women 6 & Under 50 Back	2	---	-0.18
1:00.58Y	F # 63A	Women 6 & Under 50 Free	3	---	-3.63
DQ	F # 67A	Women 6 & Under 25 Fly	---	---	---
1:00.82Y	F # 71	100 Medley Relay Lead Off	---	---	35.25