

CYAC PRACTICE SCHEDULE
Monday, March 1 – Tuesday, March 30, 2010
TENTATIVE

Monday:

Senior = 6:45 – 8:45 p.m.
Junior 2 = 6:30 – 8:15 p.m.
Junior 1 = 6:00 – 7:00 p.m.
8 & U = 6:00 – 7:00 p.m.
Senior = 5:45 – 7:30 AM

Tuesday:

Senior = 6:45 – 8:45 p.m.
Junior 2 = 6:00 – 7:30 p.m.
Junior 1 = 5:30 – 6:45 p.m.
8 & U = 4:45 – 5:45 p.m.

Wednesday:

Senior = 6:45 – 8:45 p.m.
Junior 2 = 6:30 – 8:15 p.m.
Junior 1 = 6:00 – 7:00 p.m.
8 & U = 6:00 – 7:00 p.m.

Thursday:

Senior = 6:45 – 8:45 p.m.
Junior 2 = 6:00 – 7:30 p.m.
Junior 1 = 5:30 – 6:45 p.m.
8 & U = 4:45 – 5:45 p.m.
Senior = 5:45 – 7:30 AM

Friday:

Senior = 5:00 – 7:00 p.m.
Junior 2 = 5:15 – 7:00 p.m.
Junior 1 = 4:30 – 5:45 p.m.
8 & U = 4:30 – 5:30 p.m.
Senior = 5:45 – 7:30 AM

Saturday:

Senior = 6:30 – 8:55 a.m.
Junior 2 = 7:00 – 8:55 a.m.
Junior 1 = 7:30 – 8:55 a.m.

Notes:

All practices at CROW Pool. Directions to Pools are on “About CYAC” page on team website.

Practice schedules may be changed due to weather, holidays and vacation, and other circumstances.