

**PIEDMONT FAMILY YMCA/CYAC
2009 - 2010**

Individual Meet Results

2010 VSI SC Senior Championships 04-Mar-10 to 07-Mar-10 Yards

Location: UVA Aquatic and Fitness Cntr, Charlottesville

PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

| Time | F/P/S | Event | Place | Points | Improv |
|--------------------------------------|--------------|---------------------------|--------------|---------------|---------------|
| Acker, Seana L (15) W | | | | | |
| 56.48Y | AA P # 31 | Women Open 100 Free | 71 | --- | -0.85 |
| 2:16.47Y | AA P # 33 | Women Open 200 IM | 62 | --- | 5.15 |
| Arnold, Matt (16) M | | | | | |
| 50.19Y | AAA P # 32 | Men Open 100 Free | 39 | --- | 0.58 |
| Holstege, Eli (15) M | | | | | |
| 2:24.89Y | A P # 20 | Men Open 200 Breast | 44 | --- | 3.16 |
| Jazouli, Dania (17) W | | | | | |
| 2:35.37Y | AA P # 19 | Women Open 200 Breast | 49 | --- | 3.22 |
| 2:15.82Y | AA P # 33 | Women Open 200 IM | 58 | --- | -0.58 |
| Lamb, Brodde (16) W | | | | | |
| 55.84Y | AA P # 31 | Women Open 100 Free | 62 | --- | 0.34 |
| 2:09.24Y | AAA F # 33 | Women Open 200 IM | 12 | 5 | 1.15 |
| 2:09.64Y | AAA P # 33 | Women Open 200 IM | 13 | --- | 1.55 |
| Lescault, Jacob H (14) M | | | | | |
| 10:20.33Y | AAA F # 38 | Men Open 1000 Free | 43 | --- | -11.06 |
| McGhee, Ryan C (17) M | | | | | |
| 2:00.30Y | AA P # 30 | Men Open 200 Back | 41 | --- | -5.56 |
| McKinley, Emma (15) W | | | | | |
| 10:44.95Y | AAA F # 37 | Women Open 1000 Free | 19 | --- | -7.82 |
| Nicholson, Katherine M (17) W | | | | | |
| 29.25Y | F # 27 | 200 Medley Relay Lead Off | --- | --- | -1.16 |
| 56.27Y | AA P # 31 | Women Open 100 Free | 69 | --- | -0.35 |
| 57.00Y | AA F # 35 | 400 Free Relay Lead Off | --- | --- | 0.38 |