

**PIEDMONT FAMILY YMCA/CYAC
2008-2009**

Individual Meet Results

Virginia Y League Championship 2009 10-Jan-09 to 11-Jan-09 Yards
Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
Acker, Brynn E (11) W					
2:30.34Y BB	F # 7	Women 11-12 200 Free	9	9	-11.78
37.55Y B	F # 11	Women 11-12 50 Back	12	5	0.10
1:24.14Y BB	F # 17	Women 11-12 100 Breast	2	17	1.30
33.97Y BB	F # 21	Women 11-12 50 Fly	8	11	0.98
1:16.40Y BB	F # 27	Women 11-12 100 IM	6	13	2.78
NS	F # 73	Women 11-12 100 Free	---	---	---
NS	F # 77	Women 11-12 50 Breast	---	---	---
NS	F # 83	Women 11-12 100 Fly	---	---	---
NS	F # 87	Women 11-12 50 Free	---	---	---
NS	F # 97	Women 11-12 200 IM	---	---	---
Acker, Seana L (14) W					
5:00.32Y AA	F # 37A	Women 14 & Under 400 IM	3	16	4.22
1:07.45Y A	F # 39A	Women 14 & Under 100 Back	3	16	2.34
2:11.38Y A	F # 43A	Women 14 & Under 200 Free	5	14	1.69
1:13.22Y AA	F # 45A	Women 14 & Under 100 Breast	2	17	3.17
28.53Y A	F # 47A	Women 14 & Under 50 Free	11	6	1.50
NS	F # 55A	Women 14 & Under 200 IM	---	---	---
NS	F # 57A	Women 14 & Under 100 Free	---	---	---
NS	F # 59A	Women 14 & Under 200 Back	---	---	---
NS	F # 63A	Women 14 & Under 200 Breast	---	---	---
Arnold, Matt (15) M					
1:03.85Y BB	F # 40B	Men 15 & Over 100 Back	10	7	0.19
2:00.86Y BB	F # 44B	Men 15 & Over 200 Free	9	9	4.18
23.76Y AA	F # 48B	Men 15 & Over 50 Free	2	17	0.18
5:34.33Y BB	F # 50B	Men 15 & Over 500 Free	11	6	7.60
NS	F # 56B	Men 15 & Over 200 IM	---	---	---
NS	F # 58B	Men 15 & Over 100 Free	---	---	---
NS	F # 60B	Men 15 & Over 200 Back	---	---	---
NS	F # 62B	Men 15 & Over 100 Fly	---	---	---
Ashby, Nick (8) M					
47.49Y B	F # 14A	Men 8 & Under 50 Back	5	14	-4.91
22.98Y	F # 16	Men 8 & Under 25 Back	8	11	-2.03
19.74Y	F # 26	Men 8 & Under 25 Fly	2	17	-1.71
1:37.32Y B	F # 30A	Men 8 & Under 100 IM	2	17	-9.46
1:28.39Y B	F # 76A	Men 8 & Under 100 Free	4	15	---
49.21Y B	F # 80A	Men 8 & Under 50 Breast	1	20	-6.50
22.31Y	F # 82	Men 8 & Under 25 Breast	2	17	-0.36
40.41Y	F # 90A	Men 8 & Under 50 Free	5	14	0.22
18.39Y	F # 92	Men 8 & Under 25 Free	5	14	0.61
Ashby, Zach (6) M					
24.50Y	F # 16	Men 8 & Under 25 Back	13	4	1.19
22.66Y	F # 26	Men 8 & Under 25 Fly	8	11	-6.43

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Time	F/P/S	Event	Place	Points	Improv
2:02.49Y	DQ	F # 30A Men 8 & Under 100 IM	---	---	---
30.89Y	F # 82	Men 8 & Under 25 Breast	14	3	-2.86
50.35Y	F # 90A	Men 8 & Under 50 Free	16	1	---
20.01Y	F # 92	Men 8 & Under 25 Free	11	6	-2.33
Bernardino, Michael W (16) M					
4:55.65Y	BB	F # 38B Men 15 & Over 400 IM	10	7	2.55
2:05.39Y	BB	F # 44B Men 15 & Over 200 Free	14	3	-3.39
1:09.33Y	BB	F # 46B Men 15 & Over 100 Breast	3	16	2.75
25.78Y	BB	F # 48B Men 15 & Over 50 Free	12	5	0.55
2:23.82Y	BB	F # 56B Men 15 & Over 200 IM	16	1	9.18
58.93Y	BB	F # 58B Men 15 & Over 100 Free	24	---	3.05
1:03.55Y	BB	F # 62B Men 15 & Over 100 Fly	16	1	3.41
2:35.18Y	BB	F # 64B Men 15 & Over 200 Breast	4	15	9.94
Bowe, Madeline L (18) W					
2:19.41Y	A	F # 41B Women 15 & Over 200 Fly	3	16	5.47
1:58.91Y	AA	F # 43B Women 15 & Over 200 Free	2	17	1.70
26.61Y	A	F # 47B Women 15 & Over 50 Free	3	16	0.79
5:21.90Y	AA	F # 49B Women 15 & Over 500 Free	2	17	7.95
2:25.32Y	BB	F # 55B Women 15 & Over 200 IM	6	13	5.51
59.11Y	A	F # 57B Women 15 & Over 100 Free	6	13	4.57
1:03.97Y	A	F # 61B Women 15 & Over 100 Fly	3	16	2.54
11:15.63Y	AA	F # 65B Women 15 & Over 1000 Free	3	16	21.73
Bullard, Michael W (10) M					
1:22.81Y	B	F # 76B Men 9-10 100 Free	18	---	-13.67
44.75Y	BB	F # 80B Men 9-10 50 Breast	3	16	---
35.34Y	B	F # 90B Men 9-10 50 Free	15	2	0.85
1:28.98Y	DQ	F # 96 Men 9-10 100 Back	---	---	---
3:14.90Y	BB	F # 100B Men 9-10 200 IM	9	9	---
Burnsed, Adaire M (5) W					
30.66Y	DQ	F # 81 Women 8 & Under 25 Breast	---	---	---
1:15.90Y	F # 89A	Women 8 & Under 50 Free	32	---	---
33.05Y	F # 91	Women 8 & Under 25 Free	35	---	2.43
Burnsed, Ava M (9) W					
1:42.91Y	F # 75B	Women 9-10 100 Free	44	---	-12.66
1:00.44Y	F # 79B	Women 9-10 50 Breast	38	---	-1.68
46.49Y	F # 89B	Women 9-10 50 Free	45	---	0.45
1:56.35Y	F # 95	Women 9-10 100 Back	31	---	---
Cannell, Katie (10) W					
35.59Y	BB	F # 69 200 Free Relay Lead Off	---	---	1.42
1:18.77Y	BB	F # 75B Women 9-10 100 Free	16	1	---
43.38Y	BB	F # 79B Women 9-10 50 Breast	8	11	0.81
35.92Y	BB	F # 89B Women 9-10 50 Free	14	3	1.75
3:15.35Y	BB	F # 99B Women 9-10 200 IM	13	4	---

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Time	F/P/S	Event	Place	Points	Improv
Cronk, Jack (16) M					
28.71Y	F # 34	200 Medley Relay Lead Off	---	---	-0.23
1:02.60Y	BB F # 40B	Men 15 & Over 100 Back	8	11	2.89
2:06.82Y	BB F # 44B	Men 15 & Over 200 Free	16	1	8.31
NS	F # 48B	Men 15 & Over 50 Free	---	---	---
NS	F # 56B	Men 15 & Over 200 IM	---	---	---
56.16Y	BB F # 58B	Men 15 & Over 100 Free	15	2	1.52
NS	F # 60B	Men 15 & Over 200 Back	---	---	---
NS	F # 62B	Men 15 & Over 100 Fly	---	---	---
Cronk, Natalie A (14) W					
29.50Y	F # 35	200 Medley Relay Lead Off	---	---	-0.03
4:44.09Y	AAA F # 37A	Women 14 & Under 400 IM	1	20	5.87
2:15.16Y	AAA F # 41A	Women 14 & Under 200 Fly	2	17	-0.44
1:11.85Y	AA F # 45A	Women 14 & Under 100 Breast	1	20	2.45
26.05Y	AAA F # 47A	Women 14 & Under 50 Free	1	20	0.10
5:23.43Y	AAA F # 49A	Women 14 & Under 500 Free	1	20	-1.58
26.75Y	AA F # 53	200 Free Relay Lead Off	---	---	0.80
2:17.86Y	AAA F # 55A	Women 14 & Under 200 IM	1	20	7.77
57.20Y	AA F # 57A	Women 14 & Under 100 Free	1	20	1.18
2:14.92Y	AAA F # 59A	Women 14 & Under 200 Back	1	20	4.13
NS	F # 61A	Women 14 & Under 100 Fly	---	---	---
2:33.37Y	AA F # 63A	Women 14 & Under 200 Breast	1	20	4.05
Crowell, Ri (13) W					
1:18.61Y	B F # 39A	Women 14 & Under 100 Back	17	---	-1.76
2:33.57Y	B F # 43A	Women 14 & Under 200 Free	16	1	-2.03
31.71Y	B F # 47A	Women 14 & Under 50 Free	22	---	-0.14
6:42.39Y	B F # 49A	Women 14 & Under 500 Free	9	9	---
2:58.12Y	F # 55A	Women 14 & Under 200 IM	17	---	-1.73
1:08.67Y	B F # 57A	Women 14 & Under 100 Free	16	1	0.08
2:49.15Y	B F # 59A	Women 14 & Under 200 Back	15	2	-1.34
1:31.52Y	F # 61A	Women 14 & Under 100 Fly	15	2	-4.43
Crowell, Sam (10) M					
41.55Y	BB F # 4	200 Medley Relay Lead Off	---	---	1.73
2:48.54Y	BB F # 10B	Men 9-10 200 Free	4	15	---
40.53Y	BB F # 14B	Men 9-10 50 Back	9	9	0.71
43.04Y	B F # 24B	Men 9-10 50 Fly	9	9	3.11
1:28.42Y	BB F # 30B	Men 9-10 100 IM	7	12	2.40
1:13.24Y	BB F # 76B	Men 9-10 100 Free	5	14	-2.81
48.50Y	B F # 80B	Men 9-10 50 Breast	14	3	2.15
33.30Y	BB F # 90B	Men 9-10 50 Free	6	13	-0.65
1:27.36Y	BB F # 96	Men 9-10 100 Back	9	9	0.62
3:05.49Y	BB F # 100B	Men 9-10 200 IM	4	15	0.66

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Time	F/P/S	Event	Place	Points	Improv
Deane, Kathryn M (11) W					
2:48.72Y	F # 7	Women 11-12 200 Free	23	---	-4.43
39.25Y B	F # 11	Women 11-12 50 Back	16	1	0.56
37.35Y B	F # 21	Women 11-12 50 Fly	16	1	0.51
1:28.86Y	F # 27	Women 11-12 100 IM	28	---	1.79
Denning, Catharine S (8) W					
23.32Y	F # 15	Women 8 & Under 25 Back	11	6	-0.59
28.02Y	F # 25	Women 8 & Under 25 Fly	18	---	---
NS	F # 29A	Women 8 & Under 100 IM	---	---	---
55.78Y	F # 79A	Women 8 & Under 50 Breast	8	11	---
26.00Y	F # 81	Women 8 & Under 25 Breast	12	5	-1.09
53.84Y	F # 89A	Women 8 & Under 50 Free	23	---	---
22.45Y	F # 91	Women 8 & Under 25 Free	20	---	-2.17
Densmore, Nic (13) W					
1:16.60Y B	F # 39A	Women 14 & Under 100 Back	15	2	-0.14
2:26.04Y B	F # 43A	Women 14 & Under 200 Free	14	3	0.28
30.87Y BB	F # 47A	Women 14 & Under 50 Free	18	---	1.00
6:31.61Y B	F # 49A	Women 14 & Under 500 Free	7	12	---
2:45.90Y B	F # 55A	Women 14 & Under 200 IM	13	4	-1.69
1:07.60Y B	F # 57A	Women 14 & Under 100 Free	14	3	1.32
2:48.77Y B	F # 59A	Women 14 & Under 200 Back	14	3	6.15
1:16.19Y B	F # 61A	Women 14 & Under 100 Fly	10	7	2.07
Densmore, Thomas E (11) M					
2:40.01Y	F # 8	Men 11-12 200 Free	12	5	-5.31
36.08Y BB	F # 12	Men 11-12 50 Back	7	12	-1.03
39.61Y	F # 22	Men 11-12 50 Fly	10	7	0.24
1:23.67Y B	F # 28	Men 11-12 100 IM	13	4	-0.90
1:12.69Y B	F # 74	Men 11-12 100 Free	16	1	-0.33
47.63Y	F # 78	Men 11-12 50 Breast	10	7	-1.24
33.59Y	F # 88	Men 11-12 50 Free	19	---	-1.18
1:19.27Y B	F # 94	Men 11-12 100 Back	7	12	-1.97
2:58.39Y B	F # 98	Men 11-12 200 IM	6	13	-7.96
Edmonds, Holland (9) W					
NS	F # 75B	Women 9-10 100 Free	---	---	---
NS	F # 79B	Women 9-10 50 Breast	---	---	---
NS	F # 89B	Women 9-10 50 Free	---	---	---
NS	F # 95	Women 9-10 100 Back	---	---	---
Ern, Alex (14) M					
1:10.76Y B	F # 40A	Men 14 & Under 100 Back	14	3	-14.12
NS	F # 44A	Men 14 & Under 200 Free	---	---	---
1:20.57Y B	F # 46A	Men 14 & Under 100 Breast	9	9	-21.22
27.65Y BB	F # 48A	Men 14 & Under 50 Free	11	6	0.27

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Time	F/P/S	Event	Place	Points	Improv
Fagerli, Anna E (10) W					
NS	F # 13B	Women 9-10 50 Back	---	---	---
NS	F # 23B	Women 9-10 50 Fly	---	---	---
NS	F # 29B	Women 9-10 100 IM	---	---	---
Fountain, Nell A (9) W					
44.12Y B	F # 13B	Women 9-10 50 Back	23	---	-6.82
2:01.55Y	F # 19	Women 9-10 100 Breast	29	---	---
47.03Y B	F # 23B	Women 9-10 50 Fly	23	---	-4.82
1:43.82Y B	F # 29B	Women 9-10 100 IM	33	---	-18.52
1:33.38Y	F # 75B	Women 9-10 100 Free	35	---	---
54.96Y	F # 79B	Women 9-10 50 Breast	32	---	-15.15
38.43Y B	F # 89B	Women 9-10 50 Free	29	---	-1.71
1:39.94Y B	F # 95	Women 9-10 100 Back	26	---	---
Fox, Ashley T (12) W					
2:31.19Y BB	F # 7	Women 11-12 200 Free	10	7	-8.02
37.33Y B	F # 11	Women 11-12 50 Back	11	6	-2.97
34.66Y BB	F # 21	Women 11-12 50 Fly	11	6	-0.94
1:20.22Y B	F # 27	Women 11-12 100 IM	14	3	-0.35
30.42Y BB	F # 67	200 Free Relay Lead Off	---	---	0.80
1:08.57Y B	F # 73	Women 11-12 100 Free	13	4	1.19
1:22.67Y B	F # 83	Women 11-12 100 Fly	10	7	---
30.43Y BB	F # 87	Women 11-12 50 Free	8	11	0.81
2:53.37Y B	F # 97	Women 11-12 200 IM	11	6	-3.94
Fox, Buie (14) M					
1:03.84Y A	F # 40A	Men 14 & Under 100 Back	2	17	-0.69
2:05.69Y BB	F # 44A	Men 14 & Under 200 Free	7	12	-12.18
1:15.40Y BB	F # 46A	Men 14 & Under 100 Breast	2	17	-0.18
25.80Y A	F # 48A	Men 14 & Under 50 Free	4	15	0.32
2:25.37Y BB	F # 56A	Men 14 & Under 200 IM	8	11	-1.67
57.04Y A	F # 58A	Men 14 & Under 100 Free	8	11	1.56
2:22.36Y BB	F # 60A	Men 14 & Under 200 Back	4	15	---
2:48.38Y BB	F # 64A	Men 14 & Under 200 Breast	7	12	-1.57
Freckmann, Gabi (12) W					
2:31.43Y BB	F # 7	Women 11-12 200 Free	11	6	---
36.21Y BB	F # 11	Women 11-12 50 Back	8	11	2.11
33.60Y BB	F # 21	Women 11-12 50 Fly	5	14	1.31
1:20.06Y BB	F # 27	Women 11-12 100 IM	13	4	---
1:07.39Y BB	F # 73	Women 11-12 100 Free	10	7	-1.39
1:16.71Y BB	F # 83	Women 11-12 100 Fly	4	15	---
29.78Y BB	F # 87	Women 11-12 50 Free	7	12	0.35
1:15.90Y BB	F # 93	Women 11-12 100 Back	7	12	---
2:50.74Y B	F # 97	Women 11-12 200 IM	10	7	2.80

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Time	F/P/S	Event	Place	Points	Improv
Giles, Henry N (16) M					
1:05.18Y	BB F # 40B	Men 15 & Over 100 Back	12	5	0.14
2:07.50Y	BB F # 44B	Men 15 & Over 200 Free	19	---	3.33
25.34Y	BB F # 48B	Men 15 & Over 50 Free	9	8	-0.10
5:58.06Y	B F # 50B	Men 15 & Over 500 Free	15	2	-4.22
24.91Y	A F # 52	200 Free Relay Lead Off	---	---	-0.53
2:23.95Y	BB F # 56B	Men 15 & Over 200 IM	17	---	0.47
57.13Y	BB F # 58B	Men 15 & Over 100 Free	19	---	1.11
2:28.60Y	B F # 60B	Men 15 & Over 200 Back	13	4	2.79
1:05.84Y	B F # 62B	Men 15 & Over 100 Fly	18	---	3.20
Giles, Margaret L (12) W					
33.12Y	A F # 1	200 Medley Relay Lead Off	---	---	1.66
2:31.67Y	B F # 7	Women 11-12 200 Free	12	5	2.84
33.25Y	A F # 11	Women 11-12 50 Back	1	20	1.79
33.80Y	BB F # 21	Women 11-12 50 Fly	7	12	-0.14
1:15.72Y	BB F # 27	Women 11-12 100 IM	5	14	4.09
29.75Y	BB F # 67	200 Free Relay Lead Off	---	---	1.69
1:05.29Y	BB F # 73	Women 11-12 100 Free	5	14	1.08
42.13Y	B F # 77	Women 11-12 50 Breast	9	9	0.16
29.51Y	BB F # 87	Women 11-12 50 Free	5	14	1.45
1:10.06Y	AA F # 93	Women 11-12 100 Back	1	20	0.85
2:45.39Y	BB F # 97	Women 11-12 200 IM	7	12	2.95
Gimple, Ryan C (18) M					
4:47.64Y	BB F # 38B	Men 15 & Over 400 IM	8	11	10.15
1:57.35Y	A F # 44B	Men 15 & Over 200 Free	7	12	1.04
1:11.49Y	BB F # 46B	Men 15 & Over 100 Breast	5	14	3.28
25.50Y	BB F # 48B	Men 15 & Over 50 Free	11	6	5.71
5:23.85Y	BB F # 50B	Men 15 & Over 500 Free	8	11	13.91
2:14.57Y	BB F # 56B	Men 15 & Over 200 IM	8	11	1.54
54.69Y	BB F # 58B	Men 15 & Over 100 Free	12	5	1.12
2:33.88Y	BB F # 64B	Men 15 & Over 200 Breast	3	16	5.36
10:52.87Y	A F # 66B	Men 15 & Over 1000 Free	7	12	9.61
Gimple, Tyler (14) M					
1:04.70Y	BB F # 40A	Men 14 & Under 100 Back	3	16	-2.58
2:24.16Y	BB F # 42A	Men 14 & Under 200 Fly	3	16	7.25
1:57.61Y	AA F # 44A	Men 14 & Under 200 Free	2	17	-0.43
25.58Y	A F # 48A	Men 14 & Under 50 Free	3	16	0.39
5:17.71Y	AA F # 50A	Men 14 & Under 500 Free	2	17	1.16
2:17.87Y	A F # 56A	Men 14 & Under 200 IM	2	17	4.32
55.21Y	A F # 58A	Men 14 & Under 100 Free	3	16	1.51
1:03.01Y	BB F # 62A	Men 14 & Under 100 Fly	2	17	2.43
11:07.89Y	A F # 66A	Men 14 & Under 1000 Free	3	16	---

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Time	F/P/S	Event	Place	Points	Improv
Goldstein, Maya L (7) W					
44.43Y	F # 71	100 Free Relay Lead Off	---	---	27.34
1:32.36Y	F # 75A	Women 8 & Under 100 Free	2	17	-0.61
25.14Y	F # 81	Women 8 & Under 25 Breast	8	11	-2.17
38.86Y B	F # 89A	Women 8 & Under 50 Free	3	16	0.57
17.84Y	F # 91	Women 8 & Under 25 Free	5	14	0.75
Greene, Cameron R (7) M					
29.76Y	F # 16	Men 8 & Under 25 Back	29	---	-0.67
29.84Y	F # 26	Men 8 & Under 25 Fly	17	---	---
2:22.78Y	F # 30A	Men 8 & Under 100 IM	20	---	---
35.35Y	F # 82	Men 8 & Under 25 Breast	22	---	---
57.16Y	F # 90A	Men 8 & Under 50 Free	21	---	-3.94
23.98Y	F # 92	Men 8 & Under 25 Free	23	---	-0.02
Greene, Davis M (9) M					
47.70Y B	F # 14B	Men 9-10 50 Back	21	---	---
54.99Y	F # 24B	Men 9-10 50 Fly	22	---	---
1:40.84Y B	F # 30B	Men 9-10 100 IM	23	---	---
1:28.10Y B	F # 76B	Men 9-10 100 Free	25	---	---
57.14Y	F # 80B	Men 9-10 50 Breast	30	---	-4.98
36.52Y B	F # 90B	Men 9-10 50 Free	19	---	-2.60
1:44.30Y	F # 96	Men 9-10 100 Back	23	---	---
Greenhoe, Sophia A (7) W					
28.86Y	F # 15	Women 8 & Under 25 Back	27	---	0.51
32.31Y	F # 25	Women 8 & Under 25 Fly	24	---	---
2:37.12Y	F # 29A	Women 8 & Under 100 IM	21	---	---
38.92Y	F # 81	Women 8 & Under 25 Breast	24	---	-2.59
58.91Y DQ	F # 89A	Women 8 & Under 50 Free	---	---	---
27.43Y	F # 91	Women 8 & Under 25 Free	29	---	3.24
Greenhoe, Zachary B (9) M					
40.56Y BB	F # 14B	Men 9-10 50 Back	10	7	-1.25
1:48.63Y B	F # 20	Men 9-10 100 Breast	12	5	---
43.44Y B	F # 24B	Men 9-10 50 Fly	12	5	---
1:31.47Y B	F # 30B	Men 9-10 100 IM	16	1	-3.81
1:18.33Y BB	F # 76B	Men 9-10 100 Free	10	7	---
49.53Y B	F # 80B	Men 9-10 50 Breast	18	---	-2.80
35.23Y B	F # 90B	Men 9-10 50 Free	14	3	-1.20
1:34.93Y B	F # 96	Men 9-10 100 Back	18	---	---
Hazard, Maddie (11) W					
37.90Y B	F # 11	Women 11-12 50 Back	13	4	-0.38
1:39.02Y	F # 17	Women 11-12 100 Breast	14	3	-7.55
40.40Y	F # 21	Women 11-12 50 Fly	21	---	-10.88
1:24.44Y B	F # 27	Women 11-12 100 IM	16	1	-8.56
1:14.88Y	F # 73	Women 11-12 100 Free	24	---	-5.37

**PIEDMONT FAMILY YMCA/CYAC
2008-2009**

Individual Meet Results

Virginia Y League Championship 2009 10-Jan-09 to 11-Jan-09 Yards
Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
44.93Y	F # 77	Women 11-12 50 Breast	13	4	-4.41
33.42Y B	F # 87	Women 11-12 50 Free	18	---	-0.30
1:23.30Y B	F # 93	Women 11-12 100 Back	11	6	---
3:07.39Y	F # 97	Women 11-12 200 IM	19	---	---
Heilman, Jason D (7) M					
44.76Y B	F # 14A	Men 8 & Under 50 Back	1	20	-3.87
20.66Y	F # 16	Men 8 & Under 25 Back	1	20	-0.39
17.95Y	F # 26	Men 8 & Under 25 Fly	1	20	-0.77
1:38.86Y B	F # 30A	Men 8 & Under 100 IM	3	16	-1.74
1:29.51Y	F # 76A	Men 8 & Under 100 Free	6	13	-1.56
23.50Y	F # 82	Men 8 & Under 25 Breast	4	15	-1.76
39.83Y	F # 90A	Men 8 & Under 50 Free	4	15	1.88
16.32Y	F # 92	Men 8 & Under 25 Free	2	17	0.51
Higgins, Annabeth (13) W					
1:19.86Y B	F # 39A	Women 14 & Under 100 Back	19	---	-11.85
2:22.08Y BB	F # 43A	Women 14 & Under 200 Free	11	6	0.67
1:27.58Y B	F # 45A	Women 14 & Under 100 Breast	12	5	0.90
29.70Y BB	F # 47A	Women 14 & Under 50 Free	14	3	0.04
Higgins, Colleen G (10) W					
42.64Y BB	F # 13B	Women 9-10 50 Back	17	---	-1.89
1:31.04Y A	F # 19	Women 9-10 100 Breast	2	17	-1.61
46.10Y B	F # 23B	Women 9-10 50 Fly	20	---	-3.07
1:28.27Y BB	F # 29B	Women 9-10 100 IM	13	4	-2.73
Hossain, Muhannah (11) M					
NS	F # 12	Men 11-12 50 Back	---	---	---
NS	F # 18	Men 11-12 100 Breast	---	---	---
NS	F # 22	Men 11-12 50 Fly	---	---	---
NS	F # 28	Men 11-12 100 IM	---	---	---
1:28.33Y	F # 74	Men 11-12 100 Free	26	---	-8.68
47.78Y	F # 78	Men 11-12 50 Breast	11	6	-4.66
39.68Y	F # 88	Men 11-12 50 Free	26	---	1.06
1:46.26Y DQ	F # 94	Men 11-12 100 Back	---	---	---
House, Elizabeth J (8) W					
51.73Y	F # 5	100 Medley Relay Lead Off	---	---	31.01
44.34Y B	F # 13A	Women 8 & Under 50 Back	2	17	-0.18
20.33Y	F # 15	Women 8 & Under 25 Back	2	17	-0.39
20.47Y	F # 25	Women 8 & Under 25 Fly	4	15	-1.06
1:39.66Y B	F # 29A	Women 8 & Under 100 IM	2	17	3.80
52.59Y B	F # 79A	Women 8 & Under 50 Breast	4	15	---
23.35Y	F # 81	Women 8 & Under 25 Breast	6	13	0.80
38.32Y B	F # 89A	Women 8 & Under 50 Free	1	20	-0.74
16.82Y	F # 91	Women 8 & Under 25 Free	1	20	0.10

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Individual Meet Results

Virginia Y League Championship 2009 10-Jan-09 to 11-Jan-09 Yards
Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
Huneycutt, Ty (9) M					
1:37.23Y	F # 76B	Men 9-10 100 Free	30	---	---
55.65Y	F # 80B	Men 9-10 50 Breast	29	---	---
NS	F # 90B	Men 9-10 50 Free	---	---	---
1:43.48Y	F # 96	Men 9-10 100 Back	21	---	---
Keach, Madeleine F (13) W					
5:20.79Y BB	F # 37A	Women 14 & Under 400 IM	5	14	8.87
1:07.87Y A	F # 39A	Women 14 & Under 100 Back	4	15	1.63
2:11.55Y A	F # 43A	Women 14 & Under 200 Free	6	13	0.24
28.32Y A	F # 47A	Women 14 & Under 50 Free	10	7	0.73
6:01.76Y BB	F # 49A	Women 14 & Under 500 Free	6	13	---
2:28.36Y A	F # 55A	Women 14 & Under 200 IM	5	14	1.17
1:03.34Y BB	F # 57A	Women 14 & Under 100 Free	11	6	2.92
2:28.00Y BB	F # 59A	Women 14 & Under 200 Back	4	15	0.64
1:08.28Y BB	F # 61A	Women 14 & Under 100 Fly	4	15	2.19
Kines, Kathleen M (16) W					
5:14.87Y BB	F # 37B	Women 15 & Over 400 IM	6	13	8.07
2:16.14Y BB	F # 43B	Women 15 & Over 200 Free	16	1	3.31
1:18.90Y BB	F # 45B	Women 15 & Over 100 Breast	8	11	4.09
5:54.61Y BB	F # 49B	Women 15 & Over 500 Free	6	13	2.44
2:33.63Y BB	F # 55B	Women 15 & Over 200 IM	10	7	6.15
1:05.09Y BB	F # 57B	Women 15 & Over 100 Free	19	---	2.29
1:13.39Y B	F # 61B	Women 15 & Over 100 Fly	10	7	4.42
2:47.95Y BB	F # 63B	Women 15 & Over 200 Breast	7	12	8.67
Lamb, Brodde (15) W					
1:04.66Y A	F # 39B	Women 15 & Over 100 Back	1	20	-1.11
2:13.22Y AA	F # 41B	Women 15 & Over 200 Fly	1	20	-1.72
2:04.56Y AA	F # 43B	Women 15 & Over 200 Free	4	15	1.73
1:13.91Y A	F # 45B	Women 15 & Over 100 Breast	2	17	1.98
26.88Y AA	F # 47B	Women 15 & Over 50 Free	5	14	0.35
NS	F # 57B	Women 15 & Over 100 Free	---	---	---
NS	F # 59B	Women 15 & Over 200 Back	---	---	---
NS	F # 61B	Women 15 & Over 100 Fly	---	---	---
NS	F # 63B	Women 15 & Over 200 Breast	---	---	---
Lamb, Storrs (12) W					
2:24.40Y BB	F # 7	Women 11-12 200 Free	5	14	7.36
34.10Y BB	F # 11	Women 11-12 50 Back	3	16	-0.89
1:26.07Y BB	F # 17	Women 11-12 100 Breast	5	14	-2.81
32.68Y BB	F # 21	Women 11-12 50 Fly	3	16	2.31
1:13.09Y A	F # 27	Women 11-12 100 IM	2	17	2.84
NS	F # 73	Women 11-12 100 Free	---	---	---
NS	F # 83	Women 11-12 100 Fly	---	---	---
NS	F # 87	Women 11-12 50 Free	---	---	---

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2008-2009**

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Virginia Y League Championship 2009 10-Jan-09 to 11-Jan-09 Yards
Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
NS	F # 93	Women 11-12 100 Back	---	---	---
NS	F # 97	Women 11-12 200 IM	---	---	---
Lawson, Emma C (7) W					
27.16Y	F # 15	Women 8 & Under 25 Back	21	---	-1.76
31.87Y DQ	F # 25	Women 8 & Under 25 Fly	---	---	---
2:20.90Y DQ	F # 29A	Women 8 & Under 100 IM	---	---	---
2:03.04Y	F # 75A	Women 8 & Under 100 Free	15	2	---
30.19Y	F # 81	Women 8 & Under 25 Breast	19	---	0.19
26.38Y	F # 91	Women 8 & Under 25 Free	28	---	1.85
Lawson, Mack (9) W					
43.56Y B	F # 3	200 Medley Relay Lead Off	---	---	-2.57
43.14Y BB	F # 13B	Women 9-10 50 Back	20	---	-2.99
1:45.56Y BB	F # 19	Women 9-10 100 Breast	18	---	---
51.82Y	F # 23B	Women 9-10 50 Fly	28	---	---
1:41.33Y B	F # 29B	Women 9-10 100 IM	31	---	---
1:29.08Y B	F # 75B	Women 9-10 100 Free	31	---	---
47.04Y BB	F # 79B	Women 9-10 50 Breast	14	3	0.12
40.76Y	F # 89B	Women 9-10 50 Free	35	---	1.42
1:37.52Y B	F # 95	Women 9-10 100 Back	21	---	---
Leeds Armstrong, Emma (12) W					
2:38.37Y B	F # 7	Women 11-12 200 Free	18	---	-21.65
39.81Y	F # 11	Women 11-12 50 Back	19	---	-2.69
1:34.18Y B	F # 17	Women 11-12 100 Breast	11	6	-6.85
40.19Y	F # 21	Women 11-12 50 Fly	20	---	0.10
1:24.64Y B	F # 27	Women 11-12 100 IM	17	---	-5.83
1:12.14Y B	F # 73	Women 11-12 100 Free	21	---	-4.98
43.58Y B	F # 77	Women 11-12 50 Breast	12	5	0.30
32.91Y B	F # 87	Women 11-12 50 Free	16	1	-0.53
2:58.04Y B	F # 97	Women 11-12 200 IM	15	2	-15.47
Leeds Armstrong, Teddy (10) M					
2:50.93Y B	F # 10B	Men 9-10 200 Free	5	14	---
39.55Y BB	F # 14B	Men 9-10 50 Back	5	14	-1.11
1:41.35Y BB	F # 20	Men 9-10 100 Breast	4	15	-12.88
39.30Y BB	F # 24B	Men 9-10 50 Fly	4	15	-0.24
1:26.77Y BB	F # 30B	Men 9-10 100 IM	4	15	-3.29
1:13.52Y BB	F # 76B	Men 9-10 100 Free	6	13	-5.46
44.84Y BB	F # 80B	Men 9-10 50 Breast	4	15	-4.66
31.99Y BB	F # 90B	Men 9-10 50 Free	2	17	0.12
1:26.98Y BB	F # 96	Men 9-10 100 Back	7	12	---
3:06.53Y BB	F # 100B	Men 9-10 200 IM	5	14	---
Lescault, Jacob H (13) M					
30.10Y	F # 36	200 Medley Relay Lead Off	---	---	-0.13
4:57.90Y A	F # 38A	Men 14 & Under 400 IM	3	16	5.44

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Virginia Y League Championship 2009 10-Jan-09 to 11-Jan-09 Yards
Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
1:06.04Y	BB F # 40A	Men 14 & Under 100 Back	5	14	3.81
2:05.45Y	BB F # 44A	Men 14 & Under 200 Free	6	13	4.92
26.53Y	BB F # 48A	Men 14 & Under 50 Free	6	13	0.76
5:29.35Y	A F # 50A	Men 14 & Under 500 Free	5	14	7.69
26.17Y	A F # 54	200 Free Relay Lead Off	---	---	0.40
2:21.71Y	BB F # 56A	Men 14 & Under 200 IM	5	14	6.33
56.59Y	A F # 58A	Men 14 & Under 100 Free	5	14	1.82
2:23.00Y	BB F # 60A	Men 14 & Under 200 Back	5	14	9.77
2:45.63Y	BB F # 64A	Men 14 & Under 200 Breast	5	14	---
11:22.09Y	A F # 66A	Men 14 & Under 1000 Free	5	14	---
Lescault, Sarah E (9) W					
45.09Y	B F # 13B	Women 9-10 50 Back	26	---	-2.97
1:42.45Y	BB F # 19	Women 9-10 100 Breast	12	5	---
45.96Y	B F # 23B	Women 9-10 50 Fly	19	---	---
1:34.58Y	DQ F # 29B	Women 9-10 100 IM	---	---	---
37.56Y	B F # 69	200 Free Relay Lead Off	---	---	---
1:24.62Y	B F # 75B	Women 9-10 100 Free	25	---	3.02
47.14Y	BB F # 79B	Women 9-10 50 Breast	15	2	-1.71
37.43Y	B F # 89B	Women 9-10 50 Free	23	---	---
1:38.30Y	B F # 95	Women 9-10 100 Back	24	---	---
Mandell, Josh (14) M					
1:15.30Y	F # 40A	Men 14 & Under 100 Back	19	---	0.32
2:14.69Y	BB F # 44A	Men 14 & Under 200 Free	12	5	1.08
1:22.84Y	B F # 46A	Men 14 & Under 100 Breast	10	7	1.50
26.79Y	BB F # 48A	Men 14 & Under 50 Free	7	12	0.29
6:41.45Y	F # 50A	Men 14 & Under 500 Free	14	3	13.15
Mandell, Matt (10) M					
1:24.41Y	B F # 76B	Men 9-10 100 Free	20	---	0.34
49.37Y	B F # 80B	Men 9-10 50 Breast	17	---	2.46
37.81Y	B F # 90B	Men 9-10 50 Free	23	---	2.12
1:34.23Y	B F # 96	Men 9-10 100 Back	17	---	-4.01
3:18.69Y	B F # 100B	Men 9-10 200 IM	12	5	---
Mandell, Zach (12) M					
1:12.22Y	B F # 74	Men 11-12 100 Free	15	2	-1.30
43.63Y	B F # 78	Men 11-12 50 Breast	7	12	0.18
32.42Y	B F # 88	Men 11-12 50 Free	12	5	-0.44
1:33.38Y	F # 94	Men 11-12 100 Back	15	2	1.54
3:11.02Y	F # 98	Men 11-12 200 IM	8	11	---
Maynard, Jensen E (11) W					
2:49.32Y	F # 7	Women 11-12 200 Free	24	---	-3.02
39.38Y	B F # 11	Women 11-12 50 Back	18	---	0.03
35.91Y	B F # 21	Women 11-12 50 Fly	12	5	0.71
1:28.16Y	F # 27	Women 11-12 100 IM	26	---	-0.09

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Individual Meet Results

Virginia Y League Championship 2009 10-Jan-09 to 11-Jan-09 Yards
Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
1:21.20Y	F # 73	Women 11-12 100 Free	30	---	4.06
NS	F # 83	Women 11-12 100 Fly	---	---	---
NS	F # 87	Women 11-12 50 Free	---	---	---
NS	F # 93	Women 11-12 100 Back	---	---	---
NS	F # 97	Women 11-12 200 IM	---	---	---
McKinley, Emma (14) W					
1:07.42Y A	F # 39A	Women 14 & Under 100 Back	2	17	1.42
2:12.71Y AAA	F # 41A	Women 14 & Under 200 Fly	1	20	-5.65
2:05.86Y AA	F # 43A	Women 14 & Under 200 Free	1	20	6.23
27.30Y AA	F # 47A	Women 14 & Under 50 Free	3	16	1.35
5:23.56Y AA	F # 49A	Women 14 & Under 500 Free	2	17	7.65
2:20.95Y AA	F # 55A	Women 14 & Under 200 IM	3	16	-0.17
57.80Y AA	F # 57A	Women 14 & Under 100 Free	4	15	1.16
1:02.29Y AA	F # 61A	Women 14 & Under 100 Fly	1	20	0.72
11:20.25Y AA	F # 65A	Women 14 & Under 1000 Free	1	20	11.26
Meeks, Jessie (9) W					
51.45Y	F # 13B	Women 9-10 50 Back	38	---	---
1:57.80Y B	F # 19	Women 9-10 100 Breast	24	---	---
1:59.67Y DQ	F # 29B	Women 9-10 100 IM	---	---	---
1:42.56Y	F # 75B	Women 9-10 100 Free	43	---	---
54.42Y	F # 79B	Women 9-10 50 Breast	31	---	---
46.16Y	F # 89B	Women 9-10 50 Free	44	---	---
1:53.05Y DQ	F # 95	Women 9-10 100 Back	---	---	---
Meeks, Josh (12) M					
44.22Y	F # 12	Men 11-12 50 Back	23	---	---
1:44.20Y	F # 18	Men 11-12 100 Breast	10	7	---
1:37.95Y DQ	F # 28	Men 11-12 100 IM	---	---	---
1:34.90Y	F # 74	Men 11-12 100 Free	27	---	---
46.51Y	F # 78	Men 11-12 50 Breast	8	11	---
38.52Y	F # 88	Men 11-12 50 Free	24	---	---
1:37.65Y	F # 94	Men 11-12 100 Back	18	---	---
Michel, Joey (12) M					
38.50Y B	F # 12	Men 11-12 50 Back	11	6	-2.16
1:35.66Y	F # 18	Men 11-12 100 Breast	7	12	---
40.07Y	F # 22	Men 11-12 50 Fly	11	6	---
1:24.84Y	F # 28	Men 11-12 100 IM	14	3	---
32.75Y B	F # 68	200 Free Relay Lead Off	---	---	-0.28
1:15.36Y	F # 74	Men 11-12 100 Free	20	---	---
42.68Y B	F # 78	Men 11-12 50 Breast	6	13	-1.87
32.05Y B	F # 88	Men 11-12 50 Free	10	7	-0.98
1:24.66Y B	F # 94	Men 11-12 100 Back	11	6	---
Mincer, Amanda J (8) W					
52.96Y	F # 13A	Women 8 & Under 50 Back	15	2	---

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Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
24.77Y	F # 15	Women 8 & Under 25 Back	15	2	1.11
24.63Y DQ	F # 25	Women 8 & Under 25 Fly	---	---	---
2:08.33Y	F # 29A	Women 8 & Under 100 IM	18	---	---
Moriconi, Becca (13) W					
NS	F # 39A	Women 14 & Under 100 Back	---	---	---
NS	F # 43A	Women 14 & Under 200 Free	---	---	---
NS	F # 47A	Women 14 & Under 50 Free	---	---	---
NS	F # 55A	Women 14 & Under 200 IM	---	---	---
NS	F # 57A	Women 14 & Under 100 Free	---	---	---
NS	F # 59A	Women 14 & Under 200 Back	---	---	---
NS	F # 61A	Women 14 & Under 100 Fly	---	---	---
Patterson, Ben (10) M					
40.90Y BB	F # 14B	Men 9-10 50 Back	13	4	0.45
1:43.60Y BB	F # 20	Men 9-10 100 Breast	5	14	-9.55
43.28Y B	F # 24B	Men 9-10 50 Fly	11	6	2.19
1:31.25Y B	F # 30B	Men 9-10 100 IM	13	4	-3.59
35.22Y B	F # 70	200 Free Relay Lead Off	---	---	0.58
1:22.76Y B	F # 76B	Men 9-10 100 Free	17	---	-4.62
46.67Y BB	F # 80B	Men 9-10 50 Breast	8	11	-0.96
34.94Y BB	F # 90B	Men 9-10 50 Free	12	5	0.30
1:28.30Y BB	F # 96	Men 9-10 100 Back	12	5	-10.21
3:16.87Y BB	F # 100B	Men 9-10 200 IM	11	6	---
Patterson, Emma B (8) W					
49.20Y	F # 13A	Women 8 & Under 50 Back	7	12	-0.52
23.19Y	F # 15	Women 8 & Under 25 Back	10	7	0.17
20.09Y	F # 25	Women 8 & Under 25 Fly	2	17	1.19
1:44.61Y B	F # 29A	Women 8 & Under 100 IM	5	14	1.63
1:32.53Y	F # 75A	Women 8 & Under 100 Free	3	16	---
51.95Y B	F # 79A	Women 8 & Under 50 Breast	3	16	0.14
22.61Y	F # 81	Women 8 & Under 25 Breast	3	16	0.18
40.02Y	F # 89A	Women 8 & Under 50 Free	6	13	-0.78
16.95Y	F # 91	Women 8 & Under 25 Free	2	17	0.15
Peritz, Andrew J (11) M					
2:31.19Y B	F # 8	Men 11-12 200 Free	6	13	0.38
39.01Y B	F # 12	Men 11-12 50 Back	13	4	-0.56
1:30.23Y B	F # 18	Men 11-12 100 Breast	5	14	-0.12
34.73Y BB	F # 22	Men 11-12 50 Fly	3	16	0.57
1:18.88Y B	F # 28	Men 11-12 100 IM	7	12	1.07
1:06.54Y BB	F # 74	Men 11-12 100 Free	4	15	-3.09
40.15Y BB	F # 78	Men 11-12 50 Breast	3	16	-0.99
1:16.60Y BB	F # 84	Men 11-12 100 Fly	2	17	-2.98
29.98Y BB	F # 88	Men 11-12 50 Free	5	14	-0.86
2:44.94Y DQ	F # 98	Men 11-12 200 IM	---	---	---

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Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
Peritz, William G (7) M					
27.42Y	F # 16	Men 8 & Under 25 Back	24	---	-2.97
27.61Y	DQ F # 26	Men 8 & Under 25 Fly	---	---	---
2:17.37Y	F # 30A	Men 8 & Under 100 IM	19	---	---
NS	F # 82	Men 8 & Under 25 Breast	---	---	---
NS	F # 90A	Men 8 & Under 50 Free	---	---	---
NS	F # 92	Men 8 & Under 25 Free	---	---	---
Perry, Anna J (12) W					
1:02.47Y	A F # 73	Women 11-12 100 Free	2	17	1.10
1:13.36Y	BB F # 83	Women 11-12 100 Fly	3	16	-0.54
28.88Y	A F # 87	Women 11-12 50 Free	2	17	0.44
1:14.70Y	BB F # 93	Women 11-12 100 Back	4	15	2.95
2:38.84Y	BB F # 97	Women 11-12 200 IM	3	16	1.54
Porter, Andrew S (9) M					
39.67Y	BB F # 14B	Men 9-10 50 Back	6	13	-2.02
1:48.17Y	B F # 20	Men 9-10 100 Breast	11	6	---
41.31Y	BB F # 24B	Men 9-10 50 Fly	8	11	---
1:30.58Y	BB F # 30B	Men 9-10 100 IM	9	9	-9.92
1:21.77Y	B F # 76B	Men 9-10 100 Free	15	2	-2.04
47.31Y	BB F # 80B	Men 9-10 50 Breast	9	9	-0.94
35.43Y	B F # 90B	Men 9-10 50 Free	17	---	-0.07
1:29.35Y	DQ F # 96	Men 9-10 100 Back	---	---	---
Porter, Ryan T (9) M					
44.80Y	B F # 4	200 Medley Relay Lead Off	---	---	4.48
41.25Y	BB F # 14B	Men 9-10 50 Back	14	3	0.93
1:49.57Y	B F # 20	Men 9-10 100 Breast	13	4	---
44.09Y	B F # 24B	Men 9-10 50 Fly	16	1	---
1:33.82Y	B F # 30B	Men 9-10 100 IM	19	---	1.79
1:25.33Y	B F # 76B	Men 9-10 100 Free	21	---	1.38
49.16Y	B F # 80B	Men 9-10 50 Breast	16	1	3.72
38.21Y	B F # 90B	Men 9-10 50 Free	25	---	1.05
1:29.68Y	BB F # 96	Men 9-10 100 Back	13	4	---
Ratcliffe, Emma L (10) W					
1:29.87Y	B F # 75B	Women 9-10 100 Free	32	---	---
49.39Y	B F # 79B	Women 9-10 50 Breast	21	---	-3.19
40.63Y	F # 89B	Women 9-10 50 Free	34	---	0.11
1:37.45Y	DQ F # 95	Women 9-10 100 Back	---	---	---
Robbins, Chase (15) M					
2:22.42Y	BB F # 56B	Men 15 & Over 200 IM	15	2	-8.27
56.71Y	BB F # 58B	Men 15 & Over 100 Free	18	---	-4.00
2:17.32Y	BB F # 60B	Men 15 & Over 200 Back	10	7	-12.11
1:07.23Y	B F # 62B	Men 15 & Over 100 Fly	19	---	-0.49

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Sanction: VS-09-XXX Location: Jamerson Branch of the Central Y Virginia
PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
Robbins, Jack (11) M					
1:09.19Y	B F # 74	Men 11-12 100 Free	8	11	0.13
32.61Y	B F # 88	Men 11-12 50 Free	15	2	-0.01
1:19.97Y	B F # 94	Men 11-12 100 Back	9	9	-5.61
2:51.19Y	B F # 98	Men 11-12 200 IM	3	16	3.78
Roddy, Katie (16) W					
31.50Y	F # 33	200 Medley Relay Lead Off	---	---	0.61
1:06.59Y	A F # 39B	Women 15 & Over 100 Back	4	15	2.35
2:09.75Y	A F # 43B	Women 15 & Over 200 Free	12	5	6.48
28.41Y	BB F # 47B	Women 15 & Over 50 Free	11	6	1.74
2:27.73Y	BB F # 55B	Women 15 & Over 200 IM	7	12	0.64
1:01.88Y	BB F # 57B	Women 15 & Over 100 Free	13	4	5.58
2:22.18Y	A F # 59B	Women 15 & Over 200 Back	1	20	7.33
Rossberg, Maggie (13) W					
33.24Y	F # 35	200 Medley Relay Lead Off	---	---	0.95
5:32.50Y	BB F # 37A	Women 14 & Under 400 IM	6	13	---
1:10.90Y	BB F # 39A	Women 14 & Under 100 Back	9	9	1.64
2:18.86Y	BB F # 43A	Women 14 & Under 200 Free	9	9	0.10
1:21.61Y	BB F # 45A	Women 14 & Under 100 Breast	6	13	2.61
28.27Y	A F # 47A	Women 14 & Under 50 Free	9	9	0.58
Saunders, Binx (13) W					
1:24.70Y	F # 39A	Women 14 & Under 100 Back	23	---	-4.21
2:42.53Y	F # 43A	Women 14 & Under 200 Free	20	---	---
1:37.22Y	F # 45A	Women 14 & Under 100 Breast	18	---	---
33.30Y	B F # 47A	Women 14 & Under 50 Free	23	---	1.36
Saunders, Harry (9) M					
38.62Y	BB F # 14B	Men 9-10 50 Back	3	16	-1.00
1:45.17Y	B F # 20	Men 9-10 100 Breast	7	12	---
43.55Y	B F # 24B	Men 9-10 50 Fly	13	4	0.15
1:31.07Y	BB F # 30B	Men 9-10 100 IM	11	6	1.41
1:20.27Y	B F # 76B	Men 9-10 100 Free	12	5	-8.36
47.92Y	B F # 80B	Men 9-10 50 Breast	11	6	-3.78
34.66Y	BB F # 90B	Men 9-10 50 Free	9	9	-0.72
1:26.29Y	BB F # 96	Men 9-10 100 Back	6	13	---
Sheng, Bobbie Y (10) W					
NS	F # 75B	Women 9-10 100 Free	---	---	---
NS	F # 79B	Women 9-10 50 Breast	---	---	---
NS	F # 89B	Women 9-10 50 Free	---	---	---
NS	F # 95	Women 9-10 100 Back	---	---	---
NS	F # 99B	Women 9-10 200 IM	---	---	---
Simpson, Elissa (10) W					
40.17Y	BB F # 3	200 Medley Relay Lead Off	---	---	0.89
39.98Y	BB F # 13B	Women 9-10 50 Back	10	7	0.70

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Time	F/P/S	Event	Place	Points	Improv
1:32.89Y A	F # 19	Women 9-10 100 Breast	5	14	-3.61
44.83Y B	F # 23B	Women 9-10 50 Fly	17	---	4.45
1:31.92Y BB	F # 29B	Women 9-10 100 IM	20	---	4.13
42.92Y BB	F # 79B	Women 9-10 50 Breast	6	13	-1.29
37.46Y B	F # 89B	Women 9-10 50 Free	24	---	1.92
1:31.36Y BB	F # 95	Women 9-10 100 Back	13	4	3.39
NS	F # 99B	Women 9-10 200 IM	---	---	---
Simpson, Lauren C (16) W					
1:10.52Y BB	F # 39B	Women 15 & Over 100 Back	9	9	1.88
2:12.93Y BB	F # 43B	Women 15 & Over 200 Free	14	3	3.43
1:21.05Y BB	F # 45B	Women 15 & Over 100 Breast	10	7	2.63
28.76Y BB	F # 47B	Women 15 & Over 50 Free	13	4	1.51
2:36.28Y BB	F # 55B	Women 15 & Over 200 IM	12	5	12.41
1:01.58Y BB	F # 57B	Women 15 & Over 100 Free	12	5	2.63
2:32.75Y BB	F # 59B	Women 15 & Over 200 Back	5	14	3.92
NS	F # 61B	Women 15 & Over 100 Fly	---	---	---
Singh, Ishu (9) M					
53.02Y	F # 14B	Men 9-10 50 Back	28	---	-2.26
1:57.31Y	F # 20	Men 9-10 100 Breast	21	---	---
1:49.96Y	F # 30B	Men 9-10 100 IM	29	---	---
1:42.02Y	F # 76B	Men 9-10 100 Free	35	---	---
52.37Y B	F # 80B	Men 9-10 50 Breast	24	---	-1.32
47.47Y	F # 90B	Men 9-10 50 Free	39	---	-2.24
1:54.79Y	F # 96	Men 9-10 100 Back	27	---	---
Strickland, Elsa C (13) W					
1:09.45Y BB	F # 39A	Women 14 & Under 100 Back	6	13	-2.86
2:10.34Y A	F # 43A	Women 14 & Under 200 Free	3	16	-0.19
1:17.34Y A	F # 45A	Women 14 & Under 100 Breast	3	16	1.61
27.88Y A	F # 47A	Women 14 & Under 50 Free	6	13	0.26
5:55.76Y BB	F # 49A	Women 14 & Under 500 Free	5	14	1.60
2:30.72Y BB	F # 55A	Women 14 & Under 200 IM	6	13	9.54
59.64Y A	F # 57A	Women 14 & Under 100 Free	5	14	-0.29
2:32.30Y BB	F # 59A	Women 14 & Under 200 Back	5	14	2.17
1:11.80Y BB	F # 61A	Women 14 & Under 100 Fly	6	13	2.04
2:44.96Y A	F # 63A	Women 14 & Under 200 Breast	2	17	3.03
Strider, Forest E (14) M					
NS	F # 40A	Men 14 & Under 100 Back	---	---	---
NS	F # 44A	Men 14 & Under 200 Free	---	---	---
NS	F # 46A	Men 14 & Under 100 Breast	---	---	---
NS	F # 48A	Men 14 & Under 50 Free	---	---	---
NS	F # 56A	Men 14 & Under 200 IM	---	---	---
NS	F # 58A	Men 14 & Under 100 Free	---	---	---
NS	F # 60A	Men 14 & Under 200 Back	---	---	---

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PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
NS	F # 64A	Men 14 & Under 200 Breast	---	---	---
Szatkowski, David N (9) M					
1:26.20Y B	F # 76B	Men 9-10 100 Free	22	---	-21.04
55.21Y	F # 80B	Men 9-10 50 Breast	28	---	1.50
37.56Y B	F # 90B	Men 9-10 50 Free	20	---	0.61
1:40.87Y DQ	F # 96	Men 9-10 100 Back	---	---	---
Tan, Stephen A (10) M					
2:58.39Y B	F # 10B	Men 9-10 200 Free	8	11	---
1:46.07Y B	F # 20	Men 9-10 100 Breast	9	9	1.35
43.69Y B	F # 24B	Men 9-10 50 Fly	14	3	1.46
1:32.32Y B	F # 30B	Men 9-10 100 IM	17	---	1.31
35.35Y B	F # 70	200 Free Relay Lead Off	---	---	0.45
1:21.24Y B	F # 76B	Men 9-10 100 Free	14	3	-0.54
47.68Y BB	F # 80B	Men 9-10 50 Breast	10	7	1.89
35.39Y B	F # 90B	Men 9-10 50 Free	16	1	0.49
1:36.46Y B	F # 96	Men 9-10 100 Back	19	---	1.08
3:24.28Y B	F # 100B	Men 9-10 200 IM	14	3	---
Taylor, Ashley V (10) W					
1:06.67Y AA	F # 75B	Women 9-10 100 Free	2	17	-1.82
41.19Y A	F # 79B	Women 9-10 50 Breast	2	17	-0.60
1:22.32Y A	F # 85	Women 9-10 100 Fly	2	17	-0.18
29.56Y AAA	F # 89B	Women 9-10 50 Free	2	17	-0.22
1:19.33Y A	F # 95	Women 9-10 100 Back	3	16	2.38
Teague, Will (9) M					
NS	F # 14B	Men 9-10 50 Back	---	---	---
NS	F # 20	Men 9-10 100 Breast	---	---	---
NS	F # 30B	Men 9-10 100 IM	---	---	---
52.35Y B	F # 80B	Men 9-10 50 Breast	23	---	---
39.74Y	F # 90B	Men 9-10 50 Free	27	---	---
2:06.47Y	F # 96	Men 9-10 100 Back	30	---	---
Thorpe, Caroline G (13) W					
1:24.68Y	F # 39A	Women 14 & Under 100 Back	22	---	---
2:36.21Y	F # 43A	Women 14 & Under 200 Free	17	---	---
1:35.61Y	F # 45A	Women 14 & Under 100 Breast	15	2	---
31.36Y B	F # 47A	Women 14 & Under 50 Free	21	---	0.17
32.50Y B	F # 53	200 Free Relay Lead Off	---	---	1.31
3:00.62Y	F # 55A	Women 14 & Under 200 IM	18	---	---
1:13.69Y	F # 57A	Women 14 & Under 100 Free	24	---	2.51
2:59.31Y	F # 59A	Women 14 & Under 200 Back	18	---	---
1:28.15Y DQ	F # 61A	Women 14 & Under 100 Fly	---	---	---
Thrift, Alex (13) M					
5:04.13Y BB	F # 38A	Men 14 & Under 400 IM	6	13	2.77
2:13.40Y BB	F # 44A	Men 14 & Under 200 Free	11	6	2.40

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Time	F/P/S	Event	Place	Points	Improv
1:17.03Y	BB F # 46A	Men 14 & Under 100 Breast	4	15	1.56
5:47.66Y	BB F # 50A	Men 14 & Under 500 Free	7	12	0.84
2:21.55Y	BB F # 56A	Men 14 & Under 200 IM	3	16	-1.68
1:00.56Y	BB F # 58A	Men 14 & Under 100 Free	14	3	-0.33
2:25.33Y	BB F # 60A	Men 14 & Under 200 Back	6	13	-5.35
1:09.21Y	B F # 62A	Men 14 & Under 100 Fly	7	12	2.46
2:43.63Y	BB F # 64A	Men 14 & Under 200 Breast	3	16	2.85
Thrift, Fifi (9) W					
43.36Y	BB F # 13B	Women 9-10 50 Back	21	---	0.72
1:42.72Y	BB F # 19	Women 9-10 100 Breast	13	4	0.75
41.84Y	BB F # 23B	Women 9-10 50 Fly	12	5	-1.47
1:28.44Y	BB F # 29B	Women 9-10 100 IM	14	3	-2.62
1:20.36Y	BB F # 75B	Women 9-10 100 Free	19	---	-2.11
45.86Y	BB F # 79B	Women 9-10 50 Breast	11	6	-2.03
36.33Y	B F # 89B	Women 9-10 50 Free	17	---	0.05
1:32.43Y	BB F # 95	Women 9-10 100 Back	15	2	-1.65
3:11.88Y	BB F # 99B	Women 9-10 200 IM	12	5	---
Traub, Rory E (9) W					
52.92Y	F # 13B	Women 9-10 50 Back	40	---	-1.15
2:00.93Y	F # 19	Women 9-10 100 Breast	28	---	-0.83
54.63Y	F # 23B	Women 9-10 50 Fly	31	---	2.09
1:53.97Y	F # 29B	Women 9-10 100 IM	38	---	-7.79
1:40.60Y	F # 75B	Women 9-10 100 Free	39	---	-7.22
53.51Y	B F # 79B	Women 9-10 50 Breast	27	---	-4.35
42.09Y	F # 89B	Women 9-10 50 Free	37	---	-2.91
1:57.49Y	F # 95	Women 9-10 100 Back	33	---	---
Veale, Ben (11) M					
39.31Y	B F # 2	200 Medley Relay Lead Off	---	---	2.55
2:36.46Y	B F # 8	Men 11-12 200 Free	9	9	-2.27
37.86Y	B F # 12	Men 11-12 50 Back	10	7	1.10
35.84Y	B F # 22	Men 11-12 50 Fly	5	14	0.27
1:21.44Y	B F # 28	Men 11-12 100 IM	11	6	-1.71
1:12.17Y	B F # 74	Men 11-12 100 Free	14	3	-0.72
1:18.77Y	B F # 84	Men 11-12 100 Fly	3	16	---
32.89Y	B F # 88	Men 11-12 50 Free	17	---	0.68
1:19.24Y	B F # 94	Men 11-12 100 Back	6	13	-1.87
2:53.22Y	B F # 98	Men 11-12 200 IM	4	15	-8.40
Wang, Shimiao (14) M					
1:06.20Y	BB F # 40A	Men 14 & Under 100 Back	6	13	-2.97
2:10.49Y	BB F # 44A	Men 14 & Under 200 Free	10	7	-3.19
1:19.60Y	B F # 46A	Men 14 & Under 100 Breast	8	11	-0.07
27.79Y	BB F # 48A	Men 14 & Under 50 Free	12	5	-0.23
2:26.19Y	BB F # 56A	Men 14 & Under 200 IM	9	9	-1.60

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PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Don Remaly

Time	F/P/S	Event	Place	Points	Improv
1:01.28Y	BB	F # 58A Men 14 & Under 100 Free	15	2	0.83
2:25.46Y	BB	F # 60A Men 14 & Under 200 Back	7	12	-2.49
1:10.24Y	B	F # 62A Men 14 & Under 100 Fly	8	11	-3.90
2:58.26Y	B	F # 64A Men 14 & Under 200 Breast	10	7	7.20
Webb, Cy (12) M					
2:28.92Y	B	F # 8 Men 11-12 200 Free	3	16	-0.85
36.43Y	BB	F # 12 Men 11-12 50 Back	8	11	-1.18
1:22.54Y	BB	F # 18 Men 11-12 100 Breast	2	17	0.13
34.10Y	BB	F # 22 Men 11-12 50 Fly	2	17	0.48
1:13.65Y	BB	F # 28 Men 11-12 100 IM	3	16	0.31
31.46Y	B	F # 68 200 Free Relay Lead Off	---	---	-0.53
1:07.75Y	BB	F # 74 Men 11-12 100 Free	6	13	-3.42
37.57Y	BB	F # 78 Men 11-12 50 Breast	1	20	-0.23
31.27Y	B	F # 88 Men 11-12 50 Free	8	11	-0.72
1:17.76Y	BB	F # 94 Men 11-12 100 Back	5	14	-3.09
2:39.21Y	BB	F # 98 Men 11-12 200 IM	2	17	-2.49
Webb, Mattie C (15) W					
2:25.26Y	BB	F # 41B Women 15 & Over 200 Fly	5	14	1.45
2:06.97Y	A	F # 43B Women 15 & Over 200 Free	7	12	4.28
1:15.60Y	A	F # 45B Women 15 & Over 100 Breast	4	15	1.60
27.28Y	A	F # 47B Women 15 & Over 50 Free	7	12	1.01
5:39.74Y	A	F # 49B Women 15 & Over 500 Free	5	14	5.04
27.54Y	A	F # 51 200 Free Relay Lead Off	---	---	1.27
2:23.79Y	A	F # 55B Women 15 & Over 200 IM	5	14	5.00
58.97Y	A	F # 57B Women 15 & Over 100 Free	5	14	1.90
1:06.39Y	BB	F # 61B Women 15 & Over 100 Fly	4	15	2.42
2:42.50Y	A	F # 63B Women 15 & Over 200 Breast	4	15	4.99
Whitlock, Keller (12) W					
1:02.75Y	A	F # 73 Women 11-12 100 Free	3	16	0.44
38.15Y	BB	F # 77 Women 11-12 50 Breast	1	20	0.81
29.00Y	A	F # 87 Women 11-12 50 Free	4	15	0.93
1:13.50Y	A	F # 93 Women 11-12 100 Back	3	16	3.09
2:45.15Y	BB	F # 97 Women 11-12 200 IM	6	13	0.63
Wild, Abby (13) W					
1:19.03Y	B	F # 39A Women 14 & Under 100 Back	18	---	-0.48
2:23.30Y	BB	F # 43A Women 14 & Under 200 Free	13	4	-2.45
1:18.84Y	BB	F # 45A Women 14 & Under 100 Breast	4	15	3.12
31.04Y	B	F # 47A Women 14 & Under 50 Free	19	---	0.54
2:45.49Y	B	F # 55A Women 14 & Under 200 IM	12	5	-3.22
1:07.18Y	BB	F # 57A Women 14 & Under 100 Free	13	4	0.67
2:48.09Y	B	F # 59A Women 14 & Under 200 Back	13	4	1.49
2:47.37Y	BB	F # 63A Women 14 & Under 200 Breast	3	16	0.33

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Time	F/P/S	Event	Place	Points	Improv
Wild, Jake (8) M					
49.21Y	F # 6	100 Medley Relay Lead Off	---	---	24.91
54.86Y	F # 14A	Men 8 & Under 50 Back	9	9	2.88
24.26Y	F # 16	Men 8 & Under 25 Back	12	5	-0.04
21.39Y	F # 26	Men 8 & Under 25 Fly	6	13	1.55
1:49.57Y	F # 30A	Men 8 & Under 100 IM	7	12	5.23
50.14Y	F # 72	100 Free Relay Lead Off	---	---	32.12
1:40.61Y	F # 76A	Men 8 & Under 100 Free	10	7	-3.00
52.44Y B	F # 80A	Men 8 & Under 50 Breast	2	17	-0.54
21.52Y	F # 82	Men 8 & Under 25 Breast	1	20	-1.55
46.14Y	F # 90A	Men 8 & Under 50 Free	10	7	2.86
17.95Y	F # 92	Men 8 & Under 25 Free	4	15	-0.07
Williams, Virginia A (12) W					
33.88Y A	F # 1	200 Medley Relay Lead Off	---	---	-4.00
2:31.72Y B	F # 7	Women 11-12 200 Free	13	4	-1.06
34.35Y BB	F # 11	Women 11-12 50 Back	4	15	-3.53
34.03Y BB	F # 21	Women 11-12 50 Fly	9	9	-1.06
1:17.08Y BB	F # 27	Women 11-12 100 IM	7	12	-1.67
Wood, Lulu (9) W					
1:40.79Y	F # 75B	Women 9-10 100 Free	40	---	---
55.01Y	F # 79B	Women 9-10 50 Breast	33	---	-3.38
44.10Y	F # 89B	Women 9-10 50 Free	41	---	-3.36
1:56.19Y DQ	F # 95	Women 9-10 100 Back	---	---	---
Young, Brian R (11) M					
2:51.32Y	F # 8	Men 11-12 200 Free	14	3	-14.77
39.83Y	F # 12	Men 11-12 50 Back	17	---	-0.76
1:38.26Y	F # 18	Men 11-12 100 Breast	8	11	-8.03
41.75Y	F # 22	Men 11-12 50 Fly	12	5	0.37
1:28.88Y	F # 28	Men 11-12 100 IM	18	---	2.57
Young, Erin L (7) W					
26.73Y	F # 15	Women 8 & Under 25 Back	20	---	-0.52
29.75Y	F # 25	Women 8 & Under 25 Fly	22	---	0.28
2:26.71Y	F # 29A	Women 8 & Under 100 IM	20	---	---